

Sensorimotor Retraining for Persistent Pain & Hypersensitivity

Practical course with **Dr Jacqui Clark PhD**

Where:

High Performance Centre, Blake Park, Mount Maunganui, Tauranga, Bay of Plenty.

When:

Sat-Sun 19th - 20th October 2024

Investment:

\$645 incl. GST.

Pre-requisite:

Online introductory course - <https://www.painsandbrains.com/online-introductory-course>

About:

A hands-on practical course for musculoskeletal physios. This in-person weekend course provides you with practical skills for rehabilitation of clients with persistent pain, sensory hypersensitivity and associated anxiety after trauma, injury or with fibromyalgia.

- How to clinically **diagnose** nociplastic pain. Analysis of client characteristics and how to individualise rehab strategies;
- Understanding sensorimotor changes in persistent pain, who is more likely to have them and how to identify, **measure** and retrain sensory alterations;
- Structured and graded **rehab plan**: Key lifestyle changes; sensory acuity retraining; rebuilding sensorimotor building blocks via neurodevelopmental sequencing incl. primitive reflexes to restore safety in the



Dr. Jacqui Clark PhD

*Pain Specialist Physiotherapist, Tauranga
Member of the Pain in Motion international pain research collaboration.*

Jacqui holds a joint-PhD through Manchester Metropolitan University UK and Vrije Universiteit Brussel, Belgium in central sensitisation and chronic musculoskeletal pain. As an active member of the Pain in Motion international research collaboration she is a post-doctoral researcher and a post-graduate lecturer in the subject of altered sensory processing and anxiety in nociplastic pain. Jacqui is a specialist pain clinician with international experience, and she is founder and chair of the PNZ Pain Special Interest Group.



Enrol: <https://www.painsandbrains.com/in-person-sensorimotor-retraining-for-pain-course-part-one>